

## 4J Studios scottishathletics North District Track & Field Championships and National Outdoor Open

### U13 Girls

<b>U13 Girls 100m (Final)</b>			<b>ws -1.3</b>	
1	Isla Young	Ross County AC	14.56	<b>PB</b>
2	Chiara Fisher	North Uist AAC	14.83	<b>PB</b>
3	Lauren MacLean	Inverness Harriers AAC	14.85	
4	Nuala Webb	Orkney AC	14.96	<b>PB</b>
5	Lucy Beastall	Inverness Harriers AAC	15.11	<b>PB</b>
6	Roma Robertson	Shetland AAC	15.15	
7	Gemma Forgie	Elgin AAC	15.21	
8	Eva Thompson	Shetland AAC	15.28	
<b>U13 Girls 100m (Heat 1)</b>			<b>ws -0.4</b>	
1	Chiara Fisher	North Uist AAC	14.66	<b>PB</b>
2	Lauren MacLean	Inverness Harriers AAC	14.95	
3	Eva Thompson	Shetland AAC	15.19	
4	Lucy Beastall	Inverness Harriers AAC	15.26	
5	Annie Ewing	Orkney AC	15.42	
6	Rosie Conroy	Inverness Harriers AAC	15.91	<b>PB</b>
7	Freya Lonnen	Inverness Harriers AAC	16.04	
8	Isla MacKay	Inverness Harriers AAC	16.60	
<b>U13 Girls 100m (Heat 2)</b>			<b>ws -2.5</b>	
1	Isla Young	Ross County AC	14.94	
2	Nuala Webb	Orkney AC	15.11	<b>PB</b>
3	Gemma Forgie	Elgin AAC	15.15	
4	Maeve Sandilands	Inverness Harriers AAC	15.36	<b>PB</b>
5	Sylvie-Mae Slater	Elgin AAC	15.78	<b>PB</b>
6	Hayley MacFarlane	Stornoway Running & AC	16.07	<b>PB</b>
7	Thea Still	Inverness Harriers AAC	16.41	
8	Esmee Wilson	Inverness Harriers AAC	16.48	
<b>U13 Girls 100m (Heat 3)</b>			<b>ws -2.6</b>	
1	Roma Robertson	Shetland AAC	15.27	
2	Madison Russell	Orkney AC	15.28	
3	Hollie Cromarty	Orkney AC	15.57	
4	Lily MacIver	North Uist AAC	15.72	
5	Amber Gorman	Inverness Harriers AAC	16.56	
6	Rowan Bain	Elgin AAC	16.72	
7	Marley MacDonald	Stornoway Running & AC	18.02	
<b>U13 Girls 1500m (Final)</b>				
1	Rosie Conroy	Inverness Harriers AAC	5:54.20	
2	Aoibhe Doorley	Inverness Harriers AAC	6:01.46	
3	Rowan Reid	Stornoway Running & AC	6:08.28	
<b>U13 Girls 200m (Final)</b>			<b>ws -3.5</b>	
1	Isla Burns	Inverness Harriers AAC	30.72	
2	Lauren MacLean	Inverness Harriers AAC	31.43	
3	Roma Robertson	Shetland AAC	31.68	
4	Eva Thompson	Shetland AAC	32.58	
5	Isla Young	Ross County AC	32.77	
6	Maeve Sandilands	Inverness Harriers AAC	32.79	
7	Nuala Webb	Orkney AC	33.04	
8	Madison Russell	Orkney AC	33.53	

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U13 Girls 200m (Heat 1)			ws -2.1	
1	Isla Burns	Inverness Harriers AAC	29.95	
2	Roma Robertson	Shetland AAC	31.18	
3	Eva Thompson	Shetland AAC	32.19	
4	Hollie Cromarty	Orkney AC	32.92	<b>PB</b>
5	Thea Still	Inverness Harriers AAC	34.38	
6	Jamie Catherine MacAskill	Stornoway Running & AC	36.53	
U13 Girls 200m (Heat 2)			ws -0.7	
1	Lauren MacLean	Inverness Harriers AAC	30.91	
2	Isla Young	Ross County AC	31.32	<b>PB</b>
3	Nuala Webb	Orkney AC	32.58	
4	Sophie MacGruer	Ross County AC	34.89	
5	Sophie Thompson	Ellon AC	35.91	
6	Hannah MacLoed	Inverness Harriers AAC	36.44	<b>PB</b>
U13 Girls 200m (Heat 3)			ws -0.3	
1	Maeve Sandilands	Inverness Harriers AAC	32.14	
2	Madison Russell	Orkney AC	32.48	<b>PB</b>
3	Annie Ewing	Orkney AC	32.85	<b>PB</b>
4	Freya Lonnen	Inverness Harriers AAC	34.66	<b>PB</b>
5	Olivia Cooper	Inverness Harriers AAC	34.74	
6	Sarah MacLeod	Stornoway Running & AC	35.31	
U13 Girls 70m Hurdles (Final)			ws -0.9	
1	Gemma Forgie	Elgin AAC	13.04	
2	Eilidh Rutherford	Elgin AAC	13.32	
3	Jenna Gage	Elgin AAC	13.71	<b>PB</b>
4	Annie English	Inverness Harriers AAC	14.09	<b>PB</b>
5	Hannah McManus	Inverness Harriers AAC	14.39	
6	Rowan Bain	Elgin AAC	16.30	<b>PB</b>
7	Sophie Thompson	Ellon AC	16.98	
U13 Girls 800m (Final)				
1	Naomi Ferris	Stornoway Running & AC	2:38.99	<b>PB</b>
2	Lucy Beastall	Inverness Harriers AAC	2:41.41	<b>PB</b>
3	Sophie Bertram	Inverness Harriers AAC	2:52.10	
4	Isla MacKay	Inverness Harriers AAC	3:10.78	<b>PB</b>
U13 Girls Discus (0.75kg)				
1	Kirsten McDonald-Small	Ellon AC	19.46	
U13 Girls High Jump				
1	Isla Burns	Inverness Harriers AAC	1.37	<b>PB</b>
2	Eilidh Rutherford	Elgin AAC	1.37	<b>PB</b>
3	Annie Gray	Orkney AC	1.19	
4	Naomi Ferris	Stornoway Running & AC	1.14	<b>PB</b>
5	Rowan Reid	Stornoway Running & AC	1.04	

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##### U13 Girls Javelin (400g)

1	Holly Gray	Shetland AAC	18.89		<b>PB</b>
2	Eilidh Rutherford	Elgin AAC	14.22		
3	Olivia Cooper	Inverness Harriers AAC	12.81		<b>PB</b>
4	Hayley MacFarlane	Stornoway Running & AC	9.00		
5	Naomi Ferris	Stornoway Running & AC	7.29		

##### U13 Girls Long Jump

1	Gemma Forgie	Elgin AAC	4.09	+5.1	<b>PB</b>
2	Jenna Gage	Elgin AAC	4.04	+3.6	<b>PB</b>
3	Maeve Sandilands	Inverness Harriers AAC	3.88	+1.1	<b>PB</b>
4	Hannah McManus	Inverness Harriers AAC	3.84	+2.7	<b>PB</b>
5	Annie English	Inverness Harriers AAC	3.81	+4.2	<b>PB</b>
6	Lauren MacLean	Inverness Harriers AAC	3.80	+3.8	<b>PB</b>
7	Hollie Cromarty	Orkney AC	3.73	+3.6	<b>PB</b>
8	Winnie Johnston	Shetland AAC	3.69	+4.9	<b>PB</b>
9	Freya Lonnen	Inverness Harriers AAC	3.47	+5.2	
10	Annie Ewing	Orkney AC	3.44	+1.8	<b>PB</b>
11	Roma Robertson	Shetland AAC	3.44	+3.4	
12	Sophie Bertram	Inverness Harriers AAC	3.44	+2.9	
13	Rowan Bain	Elgin AAC	3.39	+2.4	<b>PB</b>
14	Madison Russell	Orkney AC	3.38	+0.9	<b>PB</b>
15	Chiara Fisher	North Uist AAC	3.34	+5.8	<b>PB</b>
16	Sarah MacLeod	Stornoway Running & AC	3.22	+3.3	<b>PB</b>
17	Hayley MacFarlane	Stornoway Running & AC	3.22	+1.7	<b>PB</b>
18	Lily MacIver	North Uist AAC	3.20	+2.2	<b>PB</b>
19	Annie Gray	Orkney AC	3.01	+4.4	
20	Nuala Webb	Orkney AC	2.88	+2.7	
21	Eva Thompson	Shetland AAC	2.79	+3.2	
22	Sophie Thompson	Ellon AC	2.78	+2.9	
23	Jamie Catherine MacAskill	Stornoway Running & AC	2.35	+3.4	

##### U13 Girls Shot Putt (2.72kg)

1	Kirsten McDonald-Small	Ellon AC	7.67		<b>PB</b>
2	Holly Gray	Shetland AAC	6.85		<b>PB</b>
3	Lily MacIver	North Uist AAC	6.38		<b>PB</b>
4	Olivia Cooper	Inverness Harriers AAC	5.79		<b>PB</b>
5	Jenna Gage	Elgin AAC	5.66		<b>PB</b>
6	Winnie Johnston	Shetland AAC	5.00		<b>PB</b>
7	Shaye Isbister	Shetland AAC	4.85		
8	Lucy Beastall	Inverness Harriers AAC	4.52		
9	Sophie Bertram	Inverness Harriers AAC	4.09		<b>PB</b>
10	Rowan Reid	Stornoway Running & AC	4.00		
11	Isla MacKay	Inverness Harriers AAC	3.88		<b>PB</b>
12	Jamie Catherine MacAskill	Stornoway Running & AC	3.18		

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### U15 Girls

<b>U15 Girls 100m (Final)</b>				<b>ws -1.0</b>	
1	Holly Whittaker	Elgin AAC	13.13		
2	Lauren Abbott	Elgin AAC	13.31		
3	Abi Coltherd	Orkney AC	13.61		
4	Molly Tulloch	Orkney AC	13.79		
5	Emily McArthur	Orkney AC	13.88		
6	Daisy Quinnell	Shetland AAC	14.32	<b>PB</b>	
7	Lillia Clarke	Elgin AAC	14.36		
8	Rosanna Mustarde	Inverness Harriers AAC	14.83	<b>PB</b>	
<b>U15 Girls 100m (Heat 1)</b>				<b>ws -0.9</b>	
1	Abi Coltherd	Orkney AC	13.96		
2	Emily McArthur	Orkney AC	14.00		
3	Lillia Clarke	Elgin AAC	14.39		
4	Rosanna Mustarde	Inverness Harriers AAC	14.95		
5	Millie Dennison	Orkney AC	14.96		
<b>U15 Girls 100m (Heat 2)</b>				<b>ws -3.6</b>	
1	Holly Whittaker	Elgin AAC	13.83		
2	Daisy Quinnell	Shetland AAC	14.81	<b>PB</b>	
3	Lois MacRae	Inverness Harriers AAC	15.01		
4	Evie Lonnen	Inverness Harriers AAC	15.08		
5	Keira McGroarty	Inverness Harriers AAC	16.25		
<b>U15 Girls 100m (Heat 3)</b>				<b>ws -3.9</b>	
1	Lauren Abbott	Elgin AAC	13.81		
2	Molly Tulloch	Orkney AC	14.37		
3	Anne Smith	Orkney AC	15.93		
4	Mairi MacRitchie	Stornoway Running & AC	17.04	<b>PB</b>	
<b>U15 Girls 1500m (Final)</b>					
1	Abbie Stewart	Stornoway Running & AC	4:50.26	<b>PB</b>	<b>CBP</b>
2	Alexander Whelan	Moray Road Runners	5:23.30	<b>PB</b>	
3	Caitlin Anderson	Shetland AAC	5:25.56	<b>PB</b>	
4	Sky Simpson	Inverness Harriers AAC	5:42.08	<b>PB</b>	
5	Zara MacLeod	Orkney AC	5:42.57	<b>PB</b>	
6	Daisy Hendry	Ross County AC	5:47.49		
7	Katy Wallace	Orkney AC	6:50.02		
<b>U15 Girls 200m (Final)</b>				<b>ws -1.6</b>	
1	Abi Coltherd	Orkney AC	28.61		
2	Lillia Clarke	Elgin AAC	29.86	<b>PB</b>	
3	Ava Hanton	Inverness Harriers AAC	30.79		
4	Rosanna Mustarde	Inverness Harriers AAC	31.11		
5	Evie Lonnen	Inverness Harriers AAC	31.62		
6	Keira McGroarty	Inverness Harriers AAC	32.06		
7	Anne Smith	Orkney AC	34.05		
8	Leah MacRitchie	Stornoway Running & AC	38.05		
<b>U15 Girls 300m (Final)</b>					
1	Lauren Abbott	Elgin AAC	42.51	<b>PB</b>	
2	Molly Tulloch	Orkney AC	43.28	<b>PB</b>	
3	Georgia Antliff	Inverness Harriers AAC	50.31		

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### U15 Girls 75m Hurdles (Final)

ws -0.4

1	Holly Whittaker	Elgin AAC	12.23	
2	Lexi Grant	Elgin AAC	13.25	<b>PB</b>
3	Sky Simpson	Inverness Harriers AAC	16.22	

### U15 Girls 800m (Final)

1	Lois MacRae	Inverness Harriers AAC	2:24.52	
2	Emily McArthur	Orkney AC	2:26.77	
3	Jessica Needs	Peterhead AAC	2:33.71	<b>PB</b>
4	Emily Murray	Stornoway Running & AC	2:35.16	
5	Abby Harcus	Shetland AAC	2:43.41	
6	Ailsa MacKinnon	North Uist AAC	2:44.09	<b>PB</b>
7	Anna MacDonald	North Uist AAC	2:51.60	
8	Mairi MacRitchie	Stornoway Running & AC	2:59.39	<b>PB</b>
9	Maya MacAskill	Stornoway Running & AC	3:03.85	

### U15 Girls Hammer (3.00kg)

1	Peace Igbiduru	Inverness Harriers AAC	41.17	<b>PB</b>	<b>CBP</b>
2	Georgia Antliff	Inverness Harriers AAC	18.34		

### U15 Girls High Jump

1	Millie Dennison	Orkney AC	1.43	
2	Morgan Taylor	Shetland AAC	1.28	
3	Maya MacAskill	Stornoway Running & AC	1.23	
4	Leah MacRitchie	Stornoway Running & AC	1.03	

### U15 Girls Javelin (500g)

1	Lucy Kenyon	Orkney AC	26.94	<b>PB</b>
2	Rafi Linklater	Orkney AC	16.84	<b>PB</b>
3	Leah MacRitchie	Stornoway Running & AC	7.78	

### U15 Girls Long Jump

1	Holly Whittaker	Elgin AAC	5.11	+2.4	<b>PB</b>	<b>CBP</b>
2	Lexi Grant	Elgin AAC	4.83	+1.5	<b>PB</b>	
3	Abi Coltherd	Orkney AC	4.45	+1.8		
4	Morgan Taylor	Shetland AAC	3.85	0.0	<b>PB</b>	
5	Jessie Tait	Shetland AAC	3.83	+1.8	<b>PB</b>	
6	Abbie Stewart	Stornoway Running & AC	3.80	+0.9		
7	Sky Simpson	Inverness Harriers AAC	3.79	+2.4		
8	Ailsa MacKinnon	North Uist AAC	3.73	+0.2	<b>PB</b>	
9	Keira Blance	Shetland AAC	3.71	+1.5		
10	Daisy Hendry	Ross County AC	3.64	+0.2		

### U15 Girls Shot Putt (3.00kg)

1	Millie Dennison	Orkney AC	7.70	
2	Jessie Tait	Shetland AAC	6.51	
3	Mairi MacRitchie	Stornoway Running & AC	6.17	<b>PB</b>
4	Georgia Antliff	Inverness Harriers AAC	5.87	<b>PB</b>
5	Lucy Kenyon	Orkney AC	5.86	<b>PB</b>
6	Maya MacAskill	Stornoway Running & AC	5.71	
7	Daisy Quinnell	Shetland AAC	5.34	

### U15 Girls Triple Jump

1	Lexi Grant	Elgin AAC	10.39	ws+4.7	<b>PB</b>
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### U17 Women

<b>U17 Women 100m (Final)</b>		<b>ws -1.4</b>		
1	Marvellous Igbiduru	Inverness Harriers AAC	12.85	<b>PB</b>
2	Eilidh Gray	Inverness Harriers AAC	13.26	
3	Kiera Whittingham	Inverness Harriers AAC	13.45	
4	Lucy Barron	Stornoway Running & AC	13.67	<b>PB</b>
5	Effie Thomson	Orkney AC	13.75	
6	Lauren Grains	Shetland AAC	13.97	
7	Abbie Taylor	Shetland AAC	14.01	
8	Niamh Scott	Elgin AAC	14.54	
<b>U17 Women 100m (Heat 1)</b>		<b>ws -2.8</b>		
1	Eilidh Gray	Inverness Harriers AAC	13.74	
2	Lucy Barron	Stornoway Running & AC	13.99	
3	Effie Thomson	Orkney AC	14.01	
4	Lauren Grains	Shetland AAC	14.12	
5	Michelle Smith	Stornoway Running & AC	15.20	
<b>U17 Women 100m (Heat 2)</b>		<b>ws -1.1</b>		
1	Marvellous Igbiduru	Inverness Harriers AAC	13.19	
2	Kiera Whittingham	Inverness Harriers AAC	13.87	
3	Abbie Taylor	Shetland AAC	14.03	
4	Niamh Scott	Elgin AAC	14.86	
5	Hannah MacLean	Stornoway Running & AC	15.16	
<b>U17 Women 1500m (Final)</b>				
1	Kirsten Burnett	Inverness Harriers AAC	5:11.44	<b>PB</b>
2	Joni Smith	North Uist AAC	5:15.76	
3	Emily Bell	Ross County AC	5:26.62	<b>PB</b>
<b>U17 Women 200m (Final)</b>		<b>ws -1.8</b>		
1	Marvellous Igbiduru	Inverness Harriers AAC	27.37	
2	Eilidh Gray	Inverness Harriers AAC	28.11	
3	Effie Thomson	Orkney AC	28.22	
4	Lucy Barron	Stornoway Running & AC	28.35	<b>PB</b>
5	Islay Rutter	Inverness Harriers AAC	30.26	
6	Michelle Smith	Stornoway Running & AC	31.10	
7	Hannah MacLean	Stornoway Running & AC	31.72	
8	Megan MacLean	Stornoway Running & AC	32.65	
<b>U17 Women 3000m (Final)</b>				
1	Caitlyn Heggie	Ross County AC	10:26.95	
2	Katie Meek	Inverness Harriers AAC	10:47.50	<b>PB</b>
3	Francesca Greenstock	Stornoway Running & AC	13:26.81	
<b>U17 Women 300m (Final)</b>				
1	Kiera Whittingham	Inverness Harriers AAC	44.57	
2	Anna Cairns	Inverness Harriers AAC	45.63	<b>PB</b>
3	Islay Rutter	Inverness Harriers AAC	46.51	
4	Amy MacRitchie	Stornoway Running & AC	47.02	
5	Niamh Scott	Elgin AAC	47.45	

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### U17 Women 300m Hurdles (Final)

1	Stroma Fraser	Inverness Harriers AAC	46.89	<b>PB</b>
2	Emily Bell	Ross County AC	55.81	

### U17 Women 800m (Final)

1	Anna Cairns	Inverness Harriers AAC	2:27.99	
2	Joni Smith	North Uist AAC	2:31.24	
3	Ava Luke	Orkney AC	2:32.38	<b>PB</b>
4	Emily Bell	Ross County AC	2:41.01	<b>PB</b>
5	Amy MacRitchie	Stornoway Running & AC	2:43.61	
6	Francesca Greenstock	Stornoway Running & AC	2:51.46	

### U17 Women 80m Hurdles (Final)

**ws -1.2**

1	Stroma Fraser	Inverness Harriers AAC	13.35	
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### U17 Women Discus (1.00kg)

1	Cara Cuthbert	Inverness Harriers AAC	23.55	<b>PB</b>
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### U17 Women Hammer (3.00kg)

1	Leona Fernandes	Inverness Harriers AAC	44.49	<b>PB</b>
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### U17 Women Javelin (500g)

1	Leona Fernandes	Inverness Harriers AAC	28.09	
2	Ruth Anderson	Shetland AAC	22.90	<b>PB</b>
3	Francesca Greenstock	Stornoway Running & AC	15.84	<b>PB</b>

### U17 Women Long Jump

1	Stroma Fraser	Inverness Harriers AAC	5.07	+3.8	
2	Niamh Scott	Elgin AAC	4.61	+6.5	
3	Abbie Taylor	Shetland AAC	4.56	+3.0	<b>PB</b>
4	Lauren Grains	Shetland AAC	4.34	+4.0	
5	Hannah MacLean	Stornoway Running & AC	4.16	+5.6	<b>PB</b>
6	Lucy Barron	Stornoway Running & AC	4.15	+2.1	
7	Amy MacRitchie	Stornoway Running & AC	4.01	+4.0	
8	Megan MacLean	Stornoway Running & AC	3.98	+1.8	
9	Cara Cuthbert	Inverness Harriers AAC	3.72	+2.2	
10	Michelle Smith	Stornoway Running & AC	3.20	+1.0	

### U17 Women Shot Putt (3.00kg)

1	Cara Cuthbert	Inverness Harriers AAC	8.86	<b>PB</b>
2	Ruth Anderson	Shetland AAC	8.55	<b>PB</b>
3	Megan MacLean	Stornoway Running & AC	6.28	

### U17 Women Triple Jump

1	Abbie Taylor	Shetland AAC	10.47	ws+3.3	<b>PB</b>
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### U20 Women

#### U20 Women 100m (Final)

1	Abbie Harrison	Inverness Harriers AAC	13.02	<b>PB</b>
2	Charlotte Hume	Orkney AC	13.43	
3	Amy Mustarde	Inverness Harriers AAC	13.69	
4	Megan Dunlop	Central AC	13.80	
5	Sus MacDonald	Stornoway Running & AC	15.10	

#### U20 Women 1500m (Final)

1	Rachel Murray	Stornoway Running & AC	5:14.25	
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#### U20 Women 200m

**ws -1.7**

1	Abbie Harrison	Inverness Harriers AAC	26.92	
2	Charlotte Hume	Orkney AC	27.83	
3	Ellen McMurdo	Stornoway Running & AC	29.37	
4	Isla Molly Donaldson	Orkney AC	30.52	
5	Sus MacDonald	Stornoway Running & AC	31.41	

#### U20 Women 400m (Final)

1	Charlotte Hume	Orkney AC	63.77	
2	Ellen McMurdo	Stornoway Running & AC	64.83	
3	Megan Dunlop	Central AC	69.83	

#### U20 Women 800m (Final)

1	Rachel Murray	Stornoway Running & AC	2:24.15	
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#### U20 Women Discus (1.00kg)

1	Rebekah Rose	Dundee Hawkhill Harriers	26.19	
2	Megan Dunlop	Central AC	16.89	

#### U20 Women Hammer (4.00kg)

1	Rebekah Rose	Dundee Hawkhill Harriers	31.28	
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#### U20 Women High Jump

1	Emma Jones	Elgin AAC	1.57	
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#### U20 Women Long Jump

1	Millie Flett	Orkney AC	4.42	ws+1.9
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#### U20 Women Triple Jump

1	Emma Jones	Elgin AAC	10.04	ws+2.7
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## 4J Studios scottishathletics North District Track & Field Championships and National Outdoor Open

### Senior Women

#### Senior Women 100m (Race 1)

ws -2.0

1	Sian MacDonald	Aberdeen AAC	14.13
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#### Senior Women 100m (Race 2)

1	Sian MacDonald	Aberdeen AAC	13.72
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#### Senior Women 800m (Final)

1	Erika Marwick	Orkney AC	2:36.29
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#### Senior Women Discus (1.00kg)

1	Nicola Cameron McDonald	Ellon AC	20.50
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#### Senior Women Shot Putt (4.00kg)

1	Nicola Cameron McDonald	Ellon AC	6.61
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#### Senior Women Triple Jump

1	Loni Wiseman	Shetland AAC	10.21	ws+0.6
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## 4J Studios scottishathletics North District Track & Field Championships and National Outdoor Open

### U13 Boys

<b>U13 Boys 100m (Final)</b>		<b>ws -0.5</b>		
1	Josh MacDonald	Stornoway Running & AC	14.84	<b>PB</b>
2	Ted Bosomworth	Elgin AAC	15.11	
3	Harris Morrison	Stornoway Running & AC	15.15	
4	Quentin Fowlie	Elgin AAC	15.17	<b>PB</b>
5	Dylan MacIver	North Uist AAC	15.49	<b>PB</b>
6	Cathal Dobbie	North Uist AAC	15.54	
7	Michael Laing	Stornoway Running & AC	16.49	<b>PB</b>
8	James Hamilton	Orkney AC	16.63	
<b>U13 Boys 100m (Heat 1)</b>		<b>ws -2.2</b>		
1	Ted Bosomworth	Elgin AAC	15.29	
2	Cathal Dobbie	North Uist AAC	15.48	
3	Dylan MacIver	North Uist AAC	15.63	<b>PB</b>
4	Quentin Fowlie	Elgin AAC	15.70	
5	James Hamilton	Orkney AC	16.10	
6	Michael Laing	Stornoway Running & AC	16.24	<b>PB</b>
<b>U13 Boys 100m (Heat 2)</b>		<b>ws -1.6</b>		
1	Josh MacDonald	Stornoway Running & AC	15.61	<b>PB</b>
2	Harris Morrison	Stornoway Running & AC	15.82	
3	Daniel McNeill	Inverness Harriers AAC	16.83	
<b>U13 Boys 1500m (Final)</b>				
1	Owen Mathis-Foote	North Uist AAC	5:07.33	<b>PB</b>
2	Ruairidh Smith	Stornoway Running & AC	5:23.10	<b>PB</b>
3	Rowin Schiller	Ross County AC	5:25.59	<b>PB</b>
<b>U13 Boys 200m (Final)</b>		<b>ws -2.2</b>		
1	Murray Taylor	Inverness Harriers AAC	29.34	
2	Harry MacLeod	Inverness Harriers AAC	31.64	
3	James Anderson	Stornoway Running & AC	32.13	
4	Sam Donaldson	Inverness Harriers AAC	32.75	
5	James Hamilton	Orkney AC	33.48	
6	Craig MacLeod	Stornoway Running & AC	33.51	
7	Max Finnie	Shetland AAC	34.45	
8	James Bain	Stornoway Running & AC	35.43	
<b>U13 Boys 200m (Heat 1)</b>		<b>ws -1.5</b>		
1	Murray Taylor	Inverness Harriers AAC	29.66	
2	James Anderson	Stornoway Running & AC	31.28	
3	Max Finnie	Shetland AAC	32.64	
4	James Hamilton	Orkney AC	34.07	
5	Liam Rice	Stornoway Running & AC	35.64	
<b>U13 Boys 200m (Heat 2)</b>		<b>ws -3.8</b>		
1	Harry MacLeod	Inverness Harriers AAC	30.65	
2	Sam Donaldson	Inverness Harriers AAC	32.63	
3	Craig MacLeod	Stornoway Running & AC	33.90	
4	James Bain	Stornoway Running & AC	35.16	
<b>U13 Boys 75m Hurdles (Final)</b>		<b>ws -0.4</b>		
1	Murray Taylor	Inverness Harriers AAC	14.57	<b>PB</b>

## 4J Studios scottishathletics North District Track & Field Championships and National Outdoor Open

### U13 Boys 800m (Final)

1	Filip Smedra	Inverness Harriers AAC	2:42.05	
2	Cathal Dobbie	North Uist AAC	2:45.66	
3	Daniel Reid	Stornoway Running & AC	2:56.15	<b>PB</b>
4	Ruairidh MacPhail	Stornoway Running & AC	2:58.35	<b>PB</b>
5	Oliver MacIver	Stornoway Running & AC	3:01.16	
6	George Milligan	East Sutherland AC	3:01.36	<b>PB</b>
DNR	Daniel McNeill	Inverness Harriers AAC	.	

### U13 Boys Discus (1.00kg)

1	Harry MacLeod	Inverness Harriers AAC	13.48	<b>PB</b>
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### U13 Boys High Jump

1	James Anderson	Stornoway Running & AC	1.42	<b>PB</b>
2	Filip Smedra	Inverness Harriers AAC	1.34	<b>PB</b>
3	Max Finnie	Shetland AAC	1.19	
4	Josh MacDonald	Stornoway Running & AC	1.14	
5	Ruairidh Smith	Stornoway Running & AC	1.09	<b>PB</b>
6	Liam Rice	Stornoway Running & AC	1.04	

### U13 Boys Javelin (400g)

1	Craig MacLeod	Stornoway Running & AC	13.75	
2	Ruairidh Smith	Stornoway Running & AC	11.26	<b>PB</b>
3	Ruairidh MacPhail	Stornoway Running & AC	8.30	
4	Michael Laing	Stornoway Running & AC	4.30	

### U13 Boys Long Jump

1	Murray Taylor	Inverness Harriers AAC	4.03	
2	Ross Billy Drakeford	Shetland AAC	3.72	<b>PB</b>
3	Josh MacDonald	Stornoway Running & AC	3.59	
4	Ted Bosomworth	Elgin AAC	3.57	
5	Sam Donaldson	Inverness Harriers AAC	3.57	
6	Cathal Dobbie	North Uist AAC	3.48	
7	Craig MacLeod	Stornoway Running & AC	3.48	<b>PB</b>
8	James Hamilton	Orkney AC	3.31	<b>PB</b>
9	Daniel Reid	Stornoway Running & AC	3.11	
10	James Bain	Stornoway Running & AC	3.06	
11	Daniel McNeill	Inverness Harriers AAC	2.92	
12	Oliver MacIver	Stornoway Running & AC	2.86	
13	Ruairidh MacPhail	Stornoway Running & AC	2.70	
14	Michael Laing	Stornoway Running & AC	2.31	

### U13 Boys Shot Putt (3.00kg)

1	Harry MacLeod	Inverness Harriers AAC	7.32	<b>PB</b>
2	Harris Morrison	Stornoway Running & AC	7.03	
3	Ross Billy Drakeford	Shetland AAC	5.83	<b>PB</b>
4	Oliver MacIver	Stornoway Running & AC	5.08	
5	Quentin Fowle	Elgin AAC	4.94	
6	James Anderson	Stornoway Running & AC	4.77	
7	Daniel Reid	Stornoway Running & AC	4.15	
8	James Bain	Stornoway Running & AC	3.80	
9	Liam Rice	Stornoway Running & AC	3.78	

## 4J Studios scottishathletics North District Track & Field Championships and National Outdoor Open

### U15 Boys

<b>U15 Boys 100m (Final)</b>			<b>ws -1.4</b>	
1	Lucas Davidson	Inverness Harriers AAC	12.65	<b>PB</b>
2	Ewan Amos	Stornoway Running & AC	13.43	<b>PB</b>
3	Jack Baronet	Shetland AAC	13.44	
4	Lewis Williamson	Shetland AAC	13.59	
5	Liam MacFarlane	Stornoway Running & AC	13.64	
6	Stuart MacKay	Stornoway Running & AC	13.89	<b>PB</b>
7	Joshua Beckett	Lochaber AC	14.21	<b>PB</b>

<b>U15 Boys 100m (Heat 1)</b>			<b>ws -1.9</b>	
1	Jack Baronet	Shetland AAC	13.55	
2	Lewis Williamson	Shetland AAC	13.76	
3	Liam MacFarlane	Stornoway Running & AC	13.79	
4	Joshua Beckett	Lochaber AC	14.17	<b>PB</b>
5	George Ross	Ross County AC	14.37	
6	Samuel Scott	Stornoway Running & AC	14.65	

<b>U15 Boys 100m (Heat 2)</b>			<b>ws -2.4</b>	
1	Lucas Davidson	Inverness Harriers AAC	13.00	
2	Ewan Amos	Stornoway Running & AC	13.77	
3	Stuart MacKay	Stornoway Running & AC	14.01	<b>PB</b>
4	Archie Smith	Elgin AAC	14.17	

<b>U15 Boys 1500m (Final)</b>				
1	Andrew Baird	Ross County AC	4:28.61	
2	Calum Duffy	Ross County AC	5:02.71	
3	Hector Neally	Stornoway Running & AC	5:03.85	<b>PB</b>
4	Cameron Black	Shetland AAC	5:16.58	<b>PB</b>
5	Calum Beaton	North Uist AAC	5:20.09	
6	Jake Crossan	Shetland AAC	5:24.45	<b>PB</b>
7	Andrew MacAskill	Stornoway Running & AC	5:31.44	

<b>U15 Boys 200m (Final)</b>			<b>ws -1.0</b>	
1	Lucas Davidson	Inverness Harriers AAC	25.67	
2	Jacob Adjei	Inverness Harriers AAC	26.10	
3	Liam MacFarlane	Stornoway Running & AC	27.54	<b>PB</b>
4	Jack Baronet	Shetland AAC	27.57	<b>PB</b>
5	George Ross	Ross County AC	27.66	
6	Lewis Williamson	Shetland AAC	27.97	
7	Joshua Beckett	Lochaber AC	28.96	<b>PB</b>
8	Jamie MacGruer	Ross County AC	29.34	

<b>U15 Boys 200m (Heat 1)</b>			<b>ws -1.9</b>	
1	Lucas Davidson	Inverness Harriers AAC	25.93	
2	Jack Baronet	Shetland AAC	27.18	<b>PB</b>
3	Lewis Williamson	Shetland AAC	27.71	
4	Jamie MacGruer	Ross County AC	28.69	<b>PB</b>
5	Rupesh Shrestha	Stornoway Running & AC	30.32	<b>PB</b>

## 4J Studios scottishathletics North District Track & Field Championships and National Outdoor Open

### U15 Boys 200m (Heat 2)

1	Jacob Adjei	Inverness Harriers AAC	25.99	<b>PB</b>
2	George Ross	Ross County AC	27.44	
3	Liam MacFarlane	Stornoway Running & AC	27.54	<b>PB</b>
4	Joshua Beckett	Lochaber AC	28.25	<b>PB</b>
5	Samuel Scott	Stornoway Running & AC	30.32	<b>PB</b>

### U15 Boys 300m (Final)

1	Ruaridh MacKenzie-Copp	Elgin AAC	43.09	<b>PB</b>
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### U15 Boys 800m (Final)

1	Stuart MacKay	Stornoway Running & AC	2:24.01	<b>PB</b>
2	Alisher Abuladze	Shetland AAC	2:27.76	<b>PB</b>
3	Fraser Imlack	Inverness Harriers AAC	2:29.76	<b>PB</b>
4	Lewis Black	Shetland AAC	2:31.66	<b>PB</b>
5	Euan Campbell Flett	Stornoway Running & AC	2:32.42	
6	Kenneth Stewart	Stornoway Running & AC	2:36.30	<b>PB</b>
7	Calum Beaton	North Uist AAC	2:37.77	<b>PB</b>
8	Ben Dyer	Stornoway Running & AC	2:51.75	<b>PB</b>
9	John MacDonald	Stornoway Running & AC	2:55.78	<b>PB</b>
10	Ruairidh Cowan	Stornoway Running & AC	3:03.27	<b>PB</b>

### U15 Boys 80m Hurdles (Final)

**ws -1.2**

1	Angus Davies	Lochaber AC	17.28	
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### U15 Boys Discus (1.25kg)

1	Kai Bertram	Inverness Harriers AAC	27.63	<b>PB</b>
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### U15 Boys High Jump

1	Ryan Drakeford	Shetland AAC	1.48	<b>PB</b>
2	Ewan Amos	Stornoway Running & AC	1.43	
3	Kenneth Stewart	Stornoway Running & AC	1.38	<b>PB</b>
4	Hector Neally	Stornoway Running & AC	1.28	<b>PB</b>
5	Angus Davies	Lochaber AC	1.23	
6	= Liam MacFarlane	Stornoway Running & AC	1.18	
6	= Ben Dyer	Stornoway Running & AC	1.18	
8	John MacDonald	Stornoway Running & AC	1.13	<b>PB</b>

### U15 Boys Javelin (600g)

1	Alexander Christie	Shetland AAC	27.69	<b>PB</b>
2	Isaiah Christie	Shetland AAC	25.18	<b>PB</b>
3	Stuart MacKay	Stornoway Running & AC	19.41	<b>PB</b>

## 4J Studios scottishathletics North District Track & Field Championships and National Outdoor Open

### U15 Boys Long Jump

1	Ewan Amos	Stornoway Running & AC	5.28	<b>PB</b>
2	Alisher Abuladze	Shetland AAC	5.06	<b>PB</b>
3	Archie Smith	Elgin AAC	4.44	
4	Ryan Drakeford	Shetland AAC	4.39	<b>PB</b>
5	Fraser Imlack	Inverness Harriers AAC	4.37	
6	Samuel Scott	Stornoway Running & AC	4.32	<b>PB</b>
7	Daniel Finnigan	Inverness Harriers AAC	4.27	<b>PB</b>
8	Angus Davies	Lochaber AC	4.23	<b>PB</b>
9	Max Smith	Shetland AAC	4.12	<b>PB</b>
10	Callum Morrison	Shetland AAC	4.11	
11	Ruaridh MacKenzie-Copp	Elgin AAC	3.81	
12	Joshua Beckett	Lochaber AC	3.62	<b>PB</b>
13	John MacDonald	Stornoway Running & AC	2.89	
14	Ruaridh Cowan	Stornoway Running & AC	2.39	

### U15 Boys Shot Putt (4.00kg)

1	Kai Bertram	Inverness Harriers AAC	8.30	<b>PB</b>
2	Euan Campbell Flett	Stornoway Running & AC	7.45	<b>PB</b>
3	Daniel Finnigan	Inverness Harriers AAC	7.11	<b>PB</b>
4	Alexander Christie	Shetland AAC	6.46	
5	Isaiah Christie	Shetland AAC	5.83	
6	Calum Beaton	North Uist AAC	5.37	
7	Rupesh Shrestha	Stornoway Running & AC	5.15	

### U15 Boys Triple Jump

1	Max Smith	Shetland AAC	8.90	ws+2.4	<b>PB</b>
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## 4J Studios scottishathletics North District Track & Field Championships and National Outdoor Open

### U17 Men

<b>U17 Men 100m (Final)</b>		<b>ws -2.2</b>		
1	Zak Fearn	Inverness Harriers AAC	11.80	<b>PB</b>
2	Ryan Curran	Nairn AAAC	12.31	
3	Thomas Brennan	North Uist AAC	12.47	
4	Brogan Russell	Orkney AC	12.88	
5	Max Linklater	Orkney AC	13.28	<b>PB</b>
6	Iain MacDonald	North Uist AAC	13.55	<b>PB</b>
<b>U17 Men 100m Hurdles (Final)</b>		<b>ws -2.6</b>		
1	Tom Palmer	Elgin AAC	15.54	
<b>U17 Men 1500m (Final)</b>				
1	Lachlan Buchanan	Inverness Harriers AAC	4:09.81	<b>CBP</b>
2	Roy Taylor	Elgin AAC	4:17.58	<b>PB</b>
3	Alistair MacKenzie	Orkney AC	4:23.77	<b>PB</b>
4	Alistair Young	Ross County AC	4:31.50	<b>PB</b>
5	Caleb MacLeod	Inverness Harriers AAC	4:32.43	<b>PB</b>
<b>U17 Men 200m (Final)</b>		<b>ws -5.1</b>		
1	Ryan Curran	Nairn AAAC	24.93	
2	Thomas Brennan	North Uist AAC	25.67	
3	Finlay MacLeod	Stornoway Running & AC	26.26	<b>PB</b>
4	Iain MacDonald	North Uist AAC	27.75	<b>PB</b>
<b>U17 Men 3000m (Final)</b>				
1	Charlie Morrison	Stornoway Running & AC	11:21.02	
<b>U17 Men 400m (Final)</b>				
1	Iain Matheson	Stornoway Running & AC	55.59	
2	Finlay MacLeod	Stornoway Running & AC	56.43	
3	Brogan Russell	Orkney AC	56.73	<b>PB</b>
4	Lachlan MacBeth	Inverness Harriers AAC	56.95	
5	Tom Palmer	Elgin AAC	58.37	
<b>U17 Men 400m Hurdles (Final)</b>				
1	Tom Palmer	Elgin AAC	63.69	
<b>U17 Men 800m (Final)</b>				
1	Lachlan Buchanan	Inverness Harriers AAC	2:00.41	
2	Roy Taylor	Elgin AAC	2:00.91	<b>PB</b>
3	Ewan Foubister	Orkney AC	2:11.01	
4	Alistair Young	Ross County AC	2:12.79	
5	Iain Matheson	Stornoway Running & AC	2:18.39	
6	Caleb MacLeod	Inverness Harriers AAC	2:21.04	
7	Charlie Morrison	Stornoway Running & AC	2:26.46	
<b>U17 Men Discus (1.5kg)</b>				
1	Graeme Small	Eilon AC	30.26	<b>PB</b>
<b>U17 Men Hammer (5.00kg)</b>				
1	Rory Stainsby	Inverness Harriers AAC	43.38	
2	Sean Radabaugh	Inverness Harriers AAC	40.70	

## 4J Studios scottishathletics North District Track & Field Championships and National Outdoor Open

### U17 Men High Jump

1	Max Linklater	Orkney AC	1.57	
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### U17 Men Javelin (700g)

1	Zak Fearn	Inverness Harriers AAC	50.33	<b>PB</b>
2	Jamie Sutherland	Orkney AC	35.28	
3	Stuart Robertson	Inverness Harriers AAC	26.48	

### U17 Men Long Jump

1	Zak Fearn	Inverness Harriers AAC	5.77	+3.6	
2	Max Linklater	Orkney AC	5.39	+5.2	<b>PB</b>
3	Thomas Brennan	North Uist AAC	5.13	+3.6	
4	Brogan Russell	Orkney AC	5.05	+2.1	
5	Lachlan MacBeth	Inverness Harriers AAC	4.87	+4.2	
6	Iain MacDonald	North Uist AAC	4.40	+1.6	<b>PB</b>

### U17 Men Shot Putt (5.00kg)

1	William MacDonald	Orkney AC	10.59	
2	Graeme Small	Ellon AC	10.55	<b>PB</b>
3	Sean Radabaugh	Inverness Harriers AAC	10.15	<b>PB</b>

### U17 Men Triple Jump

1	Lachlan MacBeth	Inverness Harriers AAC	11.49	ws+1.4
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## 4J Studios scottishathletics North District Track & Field Championships and National Outdoor Open

### U20 Men

#### U20 Men 100m (Final)

ws -1.8

1	Robin Snedden	Inverness Harriers AAC	11.56
2	Liam Daly	Inverness Harriers AAC	11.71
3	Kyle Wilkinson	Elgin AAC	11.74
4	Alexander Scott	Orkney AC	11.84
5	Aaron Kerr	Inverness Harriers AAC	11.94
6	Logan Harcus	Orkney AC	13.10

#### U20 Men 1500m (Final)

1	Duncan MacDonald	Aberdeen AAC	4:34.17	<b>PB</b>
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#### U20 Men 200m

ws -3.0

1	Robin Snedden	Inverness Harriers AAC	23.58
2	Alexander Scott	Orkney AC	24.38
3	Liam Daly	Inverness Harriers AAC	24.70
4	Logan Harcus	Orkney AC	27.02

#### U20 Men 5000m (Final)

1	Samuel Griffin	Aberdeen AAC	15:39.18
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#### U20 Men Discus (1.75kg)

1	David Rose	Dundee Hawkhill Harriers	26.15	<b>PB</b>
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#### U20 Men Hammer (6.00kg)

1	Gabriel McFarlane	Elgin AAC	48.78	
2	Craig MacLennan	Inverness Harriers AAC	38.40	<b>PB</b>
3	David Rose	Dundee Hawkhill Harriers	33.09	<b>PB</b>

#### U20 Men Long Jump

1	Kyle Wilkinson	Elgin AAC	6.16	ws+0.9
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#### U20 Men Triple Jump

1	Aaron Kerr	Inverness Harriers AAC	11.43	ws+3.8
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## 4J Studios scottishathletics North District Track & Field Championships and National Outdoor Open

### Senior Men

#### Senior Men 100m (Race 1)

ws -2.0

1	Stuart Bain	Shetland AAC	12.21
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#### Senior Men 1500m (Final)

1	Max Abernethy	Fraserburgh RC	4:07.92
2	Finlay MacLennan	Inverness Harriers AAC	4:33.50

#### Senior Men 400m Hurdles (Final)

1	Kevin Morice	Moray Road Runners	77.46
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#### Senior Men 5000m (Final)

1	Lachlan Oates	Shettleston Harriers	15:00.39	
2	Fearghas Thomson	Aberdeen AAC	16:13.98	
3	Stuart Gibson	Cambuslang Harriers	16:31.64	
4	Jonny MacLeod	Inverness Harriers AAC	17:16.14	<b>PB</b>
5	Kevin Morice	Moray Road Runners	19:00.88	<b>PB</b>

#### Senior Men 800m (Final)

1	Finlay MacLennan	Inverness Harriers AAC	2:17.51
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#### Senior Men Discus (2.00kg)

1	Alexander MacKay	Inverness Harriers AAC	40.78	<b>PB</b>
2	Eddie McKenzie	Aberdeen AAC	31.64	<b>PB</b>

#### Senior Men Hammer (7.26kg)

1	Eddie McKenzie	Aberdeen AAC	23.64
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#### Senior Men Javelin (800g)

1	Eddie McKenzie	Aberdeen AAC	27.90
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#### Senior Men Long Jump

1	Stuart Bain	Shetland AAC	6.45	ws+1.4
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#### Senior Men Shot Putt (7.26kg)

1	Connor McDonald	Shetland AAC	12.98
2	Alexander MacKay	Inverness Harriers AAC	11.53